



Spring 2021

Highlight **NEWS**

MONTGOMERY AREA COUNCIL ON AGING



**HELPING SENIORS
LEAD HEALTHY LIVES**

A Word From Board Chair, Jason Gardner



Spring is upon us! Trees and plants are blooming, the weather is warming up and and we are looking forward to continuing our mission of assisting senior citizens by providing services to promote independent living, by offering opportunities to enhance quality of life, and by increasing community awareness of senior issues.

MACOA is fortunate to have many wonderful staff and volunteers who help achieve the mission of MACOA. But, we can certainly utilize more Individual Partners and more Corporate Route Partners to further support these needs. Meals on Wheels Drivers commit to drive once a week, bi-monthly, or once a month. Our MACOA Corporate Route Partnership program promotes teamwork and team building. The program is perfect for businesses, church groups, service clubs and more that are willing to provide Meals on Wheels volunteer drivers.

There are many opportunities to serve our community. If you are not able to give of your time, we invite you to give of your money or be a part of one of our fundraisers throughout the year. Please reach out to us to find out more in regards to how you too can get involved. We look forward to working with you. We need your help to continue delivering quality care to the seniors in our community. Thank you for caring about our seniors!

Greetings From Executive Director, Donna Marietta



This time last year our lives were changed from the effects of the pandemic, and unless you were classified as an essential worker, you were encouraged to stay home. We had never imagined experiencing a time like this where we could not go to work, church or gather with family members.

As essential workers, MACOA employees continued to work and supply meals but we closed the building to volunteers, planned activities, programs, events and guests. Most Meals On Wheels volunteers were willing to continue to deliver the meals with new procedures and protocols in place for their safety as well as the clients and staff. We did need some new drivers and new volunteers offered to help when they heard about MACOA on the news.

As the Board of Directors and management team planned how we would navigate through COVID-19, we did not know if that the pandemic might decrease donations that fund our services to seniors. We discovered that we did not need to be worried, because the Montgomery community continued to support our work and mission with financial contributions. As we continue today to serve our clients, we want you to know that you, our supporters and volunteers, were the reason that we never stopped feeding our seniors. You sustained our promise to them and the commitment to our mission. Thank you!



MISSION STATEMENT

The Montgomery Area Council on Aging assists senior citizens by providing services to promote independent living, by offering opportunities to enhance quality of life, and by increasing community awareness of Senior issues.

BOARD OF DIRECTORS

Jason Gardner, Chair
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About the Cover:



Mary Bullock has been a Meal on Wheels recipient for 9 years. She enjoys gardening and reading and is a retired nurse who worked at Baptist Hospital for over 30 years! She enjoys the kindness of each of the Meals on Wheels drivers and gives the Meals on Wheels program "The highest approval number possible!"

MACOA assembled hygiene bags for our Meals on Wheels clients. Each bag was filled to the brim with hygiene and health items including gloves, masks, hand sanitizer, all-purpose cleaning solution, hygiene/first aid kits, toilet paper, paper towels, Boost nutritional drinks, reusable cloths, a pair of slip-free socks, and trash liners. Each bag is valued at \$150! We know the importance of health and wellness and we want to make sure the seniors we serve are supplied with everything they need to stay healthy and happy. Ms. Bullock says she can't wait to use the items in her hygiene bag and was very appreciative to get one! Each bag was made possible by a Meals on Wheels America Grant and a Community Development Block Grant.

Ms. Bullock is well known among Meals on Wheels drivers and she has developed a bond with the volunteers over the years. Our drivers speak highly of her and comment about her positive energy!

Fun fact: Ms. Bullock says she recognizes many of the MACOA's Meals on Wheels drivers because they also worked at Baptist Hospital when she was a nurse there!

MACOA GEARS UP FOR A CULINARY CAPER LIKE NEVER BEFORE!



SCAN ME

MACOA's 27th Annual Culinary Caper will consist of an Online Auction and Raffle! From **Friday, April 23 – Sunday, April 25, 2021**, the Culinary Caper Online Auction will give participants a chance to bid on amazing items from the comfort of their own home!

The Auction features incredible items and experiences in the following categories: antiques, appliances, art and photography, clothing, dining, culinary experiences, golf and sport, handbags and accessories, health and fitness, home, hunting excursions, jewelry, lawn and garden, memorabilia, model ships, retail, spa and beauty, travel, unique experiences and services! Check out our Online Auction site to view items and register for the auction!

Use the Web Link from your computer: <https://www.biddingforgood.com/MACOA>

Use the Mobile Link from your phone: <https://bforg.com/MACOA>

In addition to the Online Auction, the Culinary Caper Raffle will be held for the grand prize of \$1,000 worth of gift cards to local restaurants. Raffle Tickets are \$10 and can be purchased on our website <https://www.macoa.org/online-donation-form> or over the phone (334-263-0532) until April 22, 2021! Drawing will be held April 23, 2021 on MACOA's Facebook Page! The winner of the drawing will be notified after the drawing!

Have any questions regarding the Culinary Caper Online Auction & Raffle? Contact Amy Dennis, Development Coordinator, at 334-263-0532 or adennis@macoa.org.



Two Night Stay at the Grand Hotel Resort and Spa in Point Clear, Alabama



Cooking Demonstration & Dinner for (4) in Stacey Little's "Southern Bite" Test Kitchen!



Weber Spirit II E-210 2 Burner Liquid Propane Grill in Black - Thank you to Capital City Ace Hardware and University Ace Hardware for this generous donation!

SENIOR PLEDGE CAMPAIGN KICKS-OFF WITH THE GOAL TO [#EliminateTheWait](#)

MACOA's Board, staff and volunteers are ready for the Spring Kick-Off of the **2021 Senior Pledge Campaign** with a goal of \$200,000 to support MACOA's programs, services and Meals on Wheels. The campaign will be led by Dottie Blair, MACOA Board Member, with the help of community volunteers.

This year the goal of the campaign is ultimately to **#EliminateTheWait**. There are currently 300 seniors on the Meals on Wheels waiting list. The waiting list for Meals on Wheels changes frequently as seniors are added to the waiting list and we are able move them off the list, placing them on a Meals on Wheels route. Our board, staff and volunteers hope to see the waiting list eliminated! In order to fulfill this goal, MACOA, with the generous support of the community, will begin adding new Meals on Wheels routes in order to reach more seniors!

If you would like to donate to the Senior Pledge Campaign contact Amy Dennis, Development Coordinator at 334-263-0532 or adennis@macoa.org.



Montgomery Area Council on Aging

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The 27th Annual
Culinary Caper
Supporting MACOA

ONLINE AUCTION
& RAFFLE

APRIL 23-25,
2021



Support Meals on Wheels & More!

THE ONLINE AUCTION will be held April 23-25, 2021 featuring collectible items, culinary experiences, and weekend getaways! Bid on these and many other items from the comfort of your home!

Bidding Links:

Web: <https://www.biddingforgood.com/MACOA>

Mobile: <https://bforg.com/MACOA>

DINE OUT ON US with \$1,000 worth of Gift Cards to popular Restaurants throughout the River Region

DRAWING TO BE HELD

Friday, April 23, 2021

on MACOA's Facebook Page:
<https://www.facebook.com/macoaservesseniors>

Winner will be notified after drawing