



WINTER 2019

Highlight NEWS

MONTGOMERY AREA COUNCIL ON AGING

THE POWER OF PARTNERSHIPS





Working Together for a Common Purpose

By Larry Carter
Chair, Board of Directors

Partnerships – associations – alliances – teams – are nouns we give to the critical relationships between individuals, organizations and nations that say, I can depend on you and you can depend on me as we work for a common purpose. As a football player, I knew everyone on our team was working together and each would do their part. As an Air Force veteran, I knew pilots, wingmen, crew chiefs, and many others, could all be counted on to be skilled and dedicated to providing everything needed to successfully complete the mission. I am sure each of our readers have had many similar relationships that have allowed them to succeed in any one of our many human endeavors where success depends on knowing, trusting, and supporting each other – their partners – to accomplish their missions.

MACOA enjoys many great partnerships from a wide variety of groups and individuals within our community. It would be hard to name all the dedicated partnerships or list all the activities in which these partnerships have made and continue to make MACOA successful. Working together, our 2400 volunteers, staff, businesses, churches, donors – community partners all – accomplish our mission of serving our seniors.

Included in this listing are many professional partners who provide MACOA expertise in law, banking, real estate, architecture, construction, nutrition, elder care, photography, information technology, to name but a few. While some partnerships are formally established, many are informal; but all are committed and critical to the success of MACOA's mission.

Some partnerships are very enduring. One of our Meals On Wheels volunteers has been delivering meals for 40 years. Others are spontaneous and may join once for a particular activity. We are very appreciative and thankful for all the partnerships that have enabled and continue to enable MACOA to successfully serve our River Region seniors. Thanks, partners!



Our partners even serve senior pets! A group of volunteers and participants in our community's Respite ministry recognized a pet's need for food and responded by taking a day to package food for the pets of homebound MOW seniors.

ABOUT THE COVER: MACOA partners with many organizations and individuals to care for the senior population in our community. We're thankful to all who help us enrich the lives of those we serve.



Our Partnerships Make the Difference

By Donna Marietta
Executive Director

Creating a better MACOA with improved services for our local seniors requires teamwork, partnerships, collaboration and an entire army of organizations working together. One of my favorite quotes is, "No one can whistle a symphony. It takes a whole orchestra to play it."

In November, we hosted the 14th Annual International Tasting which is one of MACOA's most festive and entertaining fundraisers for Meals On Wheels. Thanks to the efforts made by hundreds of partners from business sponsors to restaurants, volunteers, entertainers, churches, students and faculty from local universities and colleges plus many individuals, this International Tasting was our most successful to date. Over 400 people attended, and we received revenue of nearly \$43,000. This event makes me smile with gratitude that so many helped in the success and that the funds will be used to impact people's lives in a profound way!

MACOA is very proud of our partnerships. These include almost 50 Corporate Route Partners who agree to staff a route in our Meals On Wheels program. Our Frozen Meals Program currently has 12 providers that contribute frozen meals that we distribute through our downtown office. Through our five-county Retired Senior Volunteer Program (RSVP), we have hundreds of partnerships with organizations where we provide over 1200 volunteers.

MACOA Meal Makers is another example of the incredible potential for partnerships in our community. Each weekday groups of six to eight people join the kitchen staff and assist with the plating of the meals. It is fun way to build great team spirit within organizations and businesses. More than 30 different groups participated last year – the first year for the program. Volunteers help weekly, monthly, or just once in awhile.

Helen Keller was right when she said, "Alone we can do so little; together we can do so much."

Montgomery Area Council On Aging

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- Gwendolyn E. Hayes**, Assistant Director of Senior Services, gehayes@macoa.org
- Traci Herndon**, Archibald Center Coordinator, therndon@macoa.org
- Dawn Marie Williams**, Director of Donor Relations and Major Gifts, dmwilliams@macoa.org

Contact Traci Herndon at (334) 240-6767 for information on the Archibald Center. For volunteer opportunities with Meals On Wheels and the Welcome Center, contact Melissa Bowman at (334) 240-6765.

The Caddell Kitchen is Officially Dedicated

On October 29, the newly renovated MACOA kitchen was officially dedicated as the Caddell Kitchen. The dedication ceremony celebrated the support for MACOA and Meals On Wheels over the years given by John and Joyce Caddell and the Caddell family!

As MACOA Board Member and former chairman Pete Knight led the dedication ceremony, he shared a quote from John Caddell that was also printed on the program: "Joyce and I have always felt a strong obligation to give back to our community and to reach out to those who might need a helping hand. We have been so blessed and want to be a blessing to others. It's really that simple."

We are so thankful for the helping hand the Caddells have provided seniors!



MACOA Board Member Pete Knight reads the Caddell Kitchen dedication plaque to family and friends.



Charlie Warnke and MACOA Board Member/Past Chair Cathy Caddell along with Kirby and Robin Caddell celebrate the dedication of the Caddell Kitchen in honor of John Caddell (seated) and the late Joyce Caddell.

Technology Solution Transforms Operations

MACOA is a proud recipient of the Alabama DREAM BIG grant awarded by TechBridge, a non-profit headquartered in Atlanta, GA, that works with other nonprofits to improve their technologies. TechBridge grant funds totaling \$11,050 allowed MACOA to invest in technology to replace a manual process and make our efforts more efficient and effective.

For over a year, MACOA staff members Chacolby Burns-Johnson, Martha Furr, and Pam Goodwin worked with Sean Williams from TechBridge to transform our operations with an electronic kiosk check-in system we proudly launched in Fall 2018.

The system will be used on site and off site for MACOA activities to increase our impact and ability to accomplish our mission. This valuable enhancement helps us do more good and reduces the time needed for the manual process for data entry.

As a non-profit, direct service to clients is our mission and top priority as we serve seniors throughout the community, which often means we do not have the remaining resources to consider investing in technology. We are grateful for this partnership with TechBridge to assist us with developing this tool to further our mission and have more time to serve our clients.

The next time you visit, volunteer, or register at an event, be sure to look for the electronic sign-in process!



Director of Development Chacolby Burns-Johnson received the TechBridge DREAM BIG Grant on behalf of MACOA and worked with TechBridge to install the check-in kiosk at the MACOA entrance.

MACOA

MISSION STATEMENT

The Montgomery Area Council On Aging (MACOA) exists to assist senior citizens by providing services to promote independent living, by offering opportunities to enhance quality of life, and by increasing awareness of senior issues.

BOARD OF DIRECTORS

Larry Carter, Chairman
 Paul Scott, Vice Chairman
 Jason Gardner, Secretary-Treasurer
 Cathy Caddell, Immediate Past-Chairman
 Donna Marietta, Executive Director

Dick Amberg	Felicia Long	Willis Teel
Dottie Blair	John Marshall	Marie Thurman
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Melissa Johnson	Andrea McCain	Jim Weinstock
Pete Knight	Bob McGaughey	Rebecca Williams
Jake Kyser	Esther Miller	
Anthony Leigh	Bill Morgan	

EX-OFFICIO MEMBERS

Barbara Duke • Helen Geesey • Sue Groce • Sam Johnson • Sarah Spear • Sieu Tang Wood

\$43,000 Raised Through Cultural Explosion and Showcase

Customs, Culture, and Cuisines were the order of the day as MACOA celebrated the **14th Annual International Tasting** with Presenting Sponsors **Publix Charities and Wells Fargo!** Gold Sponsors included **Cathy Caddell & Charlie Warnke, John Caddell, and Tang's Alterations.** The festive afternoon of food and fellowship was held at the perfect venue of **Southern Homes & Gardens** and featured over 40 gourmet dishes and items along with a spectacular showcase of cultural activities offered by the Auburn University at Montgomery Confucius Institute and the Alabama Education and Economic Partnership, a dozen entertainers, photo booth worthy of a passport stamp, and much more. Since the event fell on Veterans Day, we were proud to have Jr. ROTC Cadets from **Sidney Lanier High School** join us to open the program. The event set a record for fundraising at over **\$43,000** raised from the generosity of sponsors, the community, partners and Southern Homes and Gardens.

Upon arrival, guests were offered a ride in the complimentary shuttle, and all had the opportunity to shop with an exclusive 20% discount as an added benefit for donors of this party with a purpose. The multicultural experience was an exploration as guests took a journey with tastes of flavorful food from around the world. This culinary experience was once again carefully planned and executed by the Committee Chairs, **Sieu Tang Wood** and **Sue Groce**, and Committee members, which included MACOA Board members **Barbara Duke, Melissa Johnson, Andrea McCain, Esther Miller** and MACOA staff members **Donna Marietta**, Executive Director, and **Chacolby Burns-Johnson**, Director of Development.

This global extravaganza was made possible through the generous support of dedicated partners and friends of MACOA, restaurants, caterers, volunteers, and performers! Over 400 guests attended this perfect blend of culture, customs, and cuisines. Please visit www.macoa.org/international-tasting to view more photos and details of this exciting gathering of community in support of MACOA!

Mark your calendars for Sunday, November 10, 2019 as we look forward to hosting guests again for this special charity benefit for seniors!



JOIN US IN THE MARCH FOR MEALS!

March is a special month for Meals On Wheels, dating back to 1972 when Congress established a national nutrition program for seniors 60 years and older. Since 2002, Meals On Wheels programs across the country have celebrated the collaboration of community organizations, businesses, governments and individuals to ensure that seniors are remembered.



The initiative organized through Meals On Wheels America is known as “March For Meals,” and it’s a chance for organizations and individuals who may not be able to commit to a regular route to take a single day and make a difference. Groups and individuals can volunteer to prepare meals for delivery through MACOA’s Meal Makers program or take a delivery route and enjoy the experience of sharing a meal and a smile with our senior clients. In-kind services and donations are also most welcome.

Can you spare a couple of hours in March to serve seniors in our community? Please join us as we address food insecurity and loneliness in the fastest growing segment of population in America.

MACOA Partnered with Share the Love Event to Help Vulnerable Seniors



MACOA was proud to partner with the Meals On Wheels network for the Subaru Share the Love Event. During the timeframe of November 15, 2018, through January 2, 2019, for every new Subaru vehicle purchased or leased, Subaru donated \$250 to the customer’s choice of participating charities. Meals On Wheels is one of four national participating charities and has been since the inception of the event.

Through this event, as a member of Meals On Wheels America, MACOA is positioned to possibly receive a share of the donations from Subaru vehicles sold in Alabama. MACOA participated in a variety of activities to promote and inform the community about Subaru Share the Love Event and issues of food insecurity among seniors.

Over the past ten years, Subaru and its retailers have helped Meals On Wheels across the country to deliver nearly 2 million meals nationwide to seniors in need.

Subaru supports Meals On Wheels because too many seniors are struggling to stay independent and healthy. One in four seniors lives alone in isolation and one in seven seniors might not know where their next meal is coming from. This is simply unacceptable, which is why MACOA provides the 404 hot nutritious meals, friendly visits, and safety checks each weekday to seniors in Montgomery. This vital support keeps seniors in their own homes, where they want to be.

We are also incredibly grateful that Montgomery Subaru supports MACOA and homebound seniors by serving as a Corporate Route Partner delivering hot nutritious meals to homebound seniors in Montgomery via our Meals On Wheels program.



Dawn Marie Williams, MACOA Director of Donor Relations (Center) and Traci Herndon, Archibald Center Director (2nd from right) meet with Megan Danielson, Director of Marketing for Montgomery Subaru (2nd from left) and Montgomery Subaru team to thank them for their support of MACOA and Meals On Wheels.

2018 By the Numbers

Here’s a snapshot of the impact of volunteers, donors, board members and dedicated staff delivering meals and driving miles in support of homebound seniors through MACOA and Meals On Wheels during 2018.

TOTAL MEALS PROVIDED

122,487

1,271
LOYAL AND DEDICATED
VOLUNTEERS DRIVE

49 
CORPORATE
ROUTE PARTNERS

210 
MILES PER DAY

68 
VOLUNTEER DRIVERS
DAILY

1,165
MILES PER WEEK

1,084

4,666
MILES PER MONTH

TOTAL CLIENTS
(MEALS ON WHEELS AND FROZEN MEALS)

101
OLDEST CLIENT SERVED

2,391
POUNDS OF PET FOOD
DISTRIBUTED TO
62 CLIENTS

51,450
MILES ANNUALLY

8,333
ROUTES ANNUALLY

**DELIVERING MEALS AND DRIVING MILES
IN SUPPORT OF HOMEBOUND SENIORS**

Holiday Bags Spread Hope and Cheer to 400 Seniors

What a successful 2018 Holiday Bag Program! Over 50 donors from businesses, schools, churches, and civic groups participated. New partnerships were formed, and we were able to increase the number of bags delivered.

Each December, this special program allows us to take a large brown bag of groceries and other goodies to our most needy senior citizens. Priority items include cans of Ensure and Boost nutritional supplements, 12 oz. jars of peanut butter, canned meat, white socks for males and fuzzy socks for females. Other items we include are instant grits, oatmeal, or hot chocolate, pocket tissues, note pads, unisex gloves and hats, peanut butter crackers, and oral hygiene products (toothbrushes, toothpaste, mouthwash). We also received monetary donations to purchase these items.

Thank you to all who helped make the holiday season a joyous one for seniors in our community. If you'd like to plan now to make a donation for 2019, please contact Traci Herndon at 334-263-0532 or therndon@macoa.org.



City Councilman Richard Bollinger and wife Cheryl, Montgomery County Commissioners Isaiah Sankey and Ronda Walker, and a Camellia Bowl team from East Michigan University were among the many volunteers preparing and delivering holiday bags.

MACOA Honors Seniors of Achievement

In October, MACOA's Seniors of Achievement recognized the Class of 2018. Over 31 years, this event has brought to the forefront seniors that have made significant contributions to their communities. From church volunteers to soldiers in the Civil Rights movement to school teachers to business men and women, Seniors of Achievement has recognized over 300 special individuals from varied walks of life.

The classic grand ball room of the Montgomery Country Club was the venue for the event. **John O'Conner, WSFA 12 News Anchor**, was the Master of Ceremonies. Tables were decorated with fall colors and flowers by **Sonshine Floral**, and the guests enjoyed Mediterranean Chicken with all the trimmings while **Preston Frazier** provided delightful music and singing.

Photographs of the Class of 2018 were taken by **Paul Robertson**, and candid shots of the celebration were done by **David Rose**, MACOA's event photographer.



SENIORS OF ACHIEVEMENT OF 2018

Mrs. Nelma Ausley • Mrs. Lois Brown • Mr. Jerry Burnette • Mrs. Ruth Duncan • Mrs. Doris Epler • Mr. Al Hildreth
Mrs. Sue Loftis • Mrs. Margaret Philhower • Mrs. Lelar Wilson • Mr. C. W. White • Mrs. Marion Young

SPECIAL FRIEND OF MACOA

First United Methodist Church of Montgomery

THIS EVENT WOULD NOT BE POSSIBLE WITHOUT THE GENEROSITY OF OUR SPONSORS:

PRESENTING SPONSOR:

BlueCross and BlueShield of Alabama

SIGNATURE SPONSOR:

Wells Printing Company

PREMIER SPONSORS:

Subway • Charlie's Trophies • Trustmark

SENIORS OF ACHIEVEMENT COMMITTEE FOR 2018

Larry Carter, Chair • Cathy Caddell • Angela Crosby • Jaqueline Lacey • Roy McAuley • Sarah Spear

Nomination applications for the upcoming class of Seniors of Achievement will be available on our website, www.macoa.org, in June of 2019.

Partnerships and Volunteerism Keep the Wheels in Motion

So many groups, businesses, organizations and individuals contribute their time, money, services and other gifts to make it possible for MACOA and Meals On Wheels to provide nourishment and care for seniors in our community. We partner with businesses, churches, schools, Maxwell AFB, civic organizations and other entities to prepare and deliver meals. Two individuals bake birthday cakes for us. Students from several private schools and universities help with pet food drives and packaging. We also receive much-appreciated in-kind services.

CORPORATE ROUTE PARTNERS

(October 1, 2017 - July 26, 2018)

We are thankful to the many businesses and organizations who sign up to deliver a regular noontime route. The list of Corporate Route Partners includes:

Adams Drugs
Alpha Kappa Alpha Sorority, Incorporated-Beta Nu Omega Chapter
Alabama Bankers Association
Alabama Hospital Association
Alabama Pharmacy Association
Aldersgate United Methodist Church
ALFA Insurance
Alabama Municipal Insurance Corporation
Assured Partners, Inc.
Alabama State University Social Work Students
BBVA Compass
Beasley Allen Law Firm
Caddell Construction
Central Alabama Community Foundation
Dignity Memorial
Faulkner University: Thomas Goode Jones School of Law
First United Methodist Church
Frazer United Methodist Church
Heritage Baptist Church
Inspirien Insurance
J & J Insurance
MAX Credit Union
Montgomery Advertiser
Montgomery (AL) Alumnae Chapter of Delta Sigma Theta Sorority, Inc.
Montgomery Area Chamber of Commerce
Montgomery County District's Attorney Office
Montgomery Police Department
Montgomery Rotary Club
Montgomery Subaru
Montgomery Water Works
Palmers Group
Phillips Animal Clinic
Rehab Select
Renasant Bank
River Bank & Trust
So Loved Silver Stuff, LLC
Starke Agency Insurance
Steineker & Dillon
The Taoist Tai-Chi Society of the USA Alabama Chapter
Taylor Road Baptist Church
The Bridge
United HealthCare
United States Air Force Gunter/ Maxwell
Volunteers of America
Warren Averett Technology Division
Wells Printing & Mailing
WCOV-TV
Woodland United Methodist Church

FROZEN MEALS PROVIDERS

We are fortunate that the following service organizations and churches partner with us to prepare frozen meals that family members can pick up for clients on the MOW Waiting List. These include:

Aldersgate United Methodist Church
Christ Church
Church of Ascension
First United Methodist Church
Junior League of Montgomery
King's Table Catering
Martha's Place
Memorial Presbyterian Church
Sisterhood of Service
St. James United Methodist Church
Women of Montgomery
Woodland United Methodist Church

MACOA MEAL MAKERS

(July 1, 2018 - December 21, 2018)

The launch of MACOA Meal Makers was possible through a generous grant provided by the Montgomery Lions Club Community Foundation, which helped purchase the aprons and supplies volunteers use in the kitchen. These groups have joined us on weekday mornings to prepare the meals for delivery:

ASU Forensic Science Club
ARC of Eastern Elmore County
Montgomery Academy students
Alabama Power
Alabama Council on Substance Abuse
MACOA Board Members
Wal-Mart
Vaughn Forest Church
Brantwood Children's Home
Sidney Lanier High School JROTC Cadets
Astra Zeneca Pharmaceutical
St. John's 6th Grade VBS Class
Explore Media
Aldridge Borden
Ladies Who Lunch
Alabama Power Service Organization (APSO)
Spire
Angela Crosby and Family
Senior NCO Academy (Gunter)
AARP
Maxwell Family Housing
Montgomery Academy Heart Club
Alabama Power Real Estate Dept.
Central Alabama Conference-AME Zion
Trinity Students
Dow Corning Alabama
Merrill Lynch
Leadership Montgomery Legacy Team
Montgomery Biscuits
Warren Averett

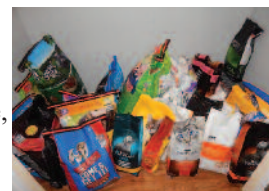
**MACOA is proud to celebrate and showcase
the Power of Partnerships on the front cover!**

The Power of Another Kind of Giving

It is better to give than receive! We've all heard this before, but at MACOA it's our reality and truth. Gifts of love, hope, and cheer are a part of our plan and services throughout the entire year. We are proud and grateful for the overwhelming generosity of our community to offer monetary donations, their time, talent, and more to keep our mission in motion. Please consider donating in-kind gifts of goods and/or services to help us serve our clients. We've received recent in-kind services with our parking lot paving, pet food, medical equipment, strategic plan development, photography, food and beverage service, video production, and more. Did we mention you may be able to receive a tax deduction too in the process?!? Below are ways to give:

IN-KIND ITEMS TO CONSIDER:

Non-Perishable Food • Boost/Ensure • Pet Food • Birthday Cakes
Wheelchairs/Walkers and Other Medical Equipment • Computer Equipment and Software • Professional Expertise/Consulting- computer, tax, real estate, legal, marketing, website, culinary, and strategic planning • Office Supplies • Furniture
Office Equipment • Administrative Support



Recent in-kind gifts include pet food donations, parking lot paving and birthday cakes for Meals On Wheels clients.

ALFA & MACOA Share Unique Partnership

Alfa Insurance Corporation is a unique Corporate Route Partner for MACOA and Meals On Wheels. Alfa employees have taken full responsibility for a route near their headquarters on Southern Boulevard, and deliver 12 hot meals to homebound seniors every workday.

Meals are prepared in the Alfa kitchen, and nearly 60 Alfa volunteers take turns delivering to a group of seniors they've gotten to know in the three years they've been a partner. They also often provide special items and gifts to clients throughout the year.

Alfa recently worked with Serquest to produce a video that presented a heartwarming picture of their involvement with Meals On Wheels clients. They held a video release luncheon to share with ALFA leadership, staff, and several from MACOA, and they have shared the video online.

"We are passionate about this program not only because Alfa cares but because we get to see the difference we are making in their lives," Robyn Frost, Business Continuity Analyst, said in her on-camera interview.

Alma Osgood, an MOW client who was interviewed for the video, gave voice to what these deliveries have meant to her. "They make me feel so special every time they come to my door," Mrs. Osgood said. "I thank Alfa from the bottom of my heart."

As our client explained, she may not feel well when she wakes up, but "When I open that door, those ladies and gentlemen, they have the biggest smile, and they say, 'Hey Mrs. Osgood, how are you today?' And I said, 'Well, I'm going to be okay.'"

We are so thankful to Alfa for the partnership they share in our service to seniors! If you'd like to see the video, check it out at www.macoa.org.



Long-time Client Watches for Deliveries

Beth Boyd is our "longest served" Meals On Wheels client, having received lunchtime deliveries since she had a stroke 16 years ago. Mrs. Boyd's husband Bill joined as a client about six years ago.

Ms. Boyd is bedbound and homebound. Fortunately, she has a sliding glass window where she can see her whole neighborhood. "I can slide the window away with my right arm," she said. "I love that."

She watches there for the volunteers to bring meals and calls to Mr. Boyd when they're near. "The volunteers are fantastic," she said. "They're very delightful."

RSVP Serves Through Partnership Stations

Partnerships in the community are an essential part of the MACOA/RSVP project. In the lingo of the Retired and Senior Volunteer Program, these partners are called “stations” and they are the agencies where RSVP volunteers serve. The Tallapoosa County Christian Crisis Center is just such a “station” and partner. It started like many other organizations – a need was there and some folks got together to do something about it.

In the mid-1970s different churches in the county that were under the umbrella of the Baptist Association joined forces to help with the growing needs of low-income families and at-risk children. Church members began collecting clothes, food, and furniture. A small building on the outskirts of town became the location where these items were kept. A loose system developed where those in need were allowed to visit this location and select items that could help them get back on their feet. Later, when monetary collections were available, individuals could present utility bills and receive funds to help them when the bills were too much for them during that month.



The center has grown since then and is now a 501c3 agency with a governing board. The Christian mission that was the inspiration for this station, however, is still the same as when it was a loosely run group of Baptist churches: to help those in need by serving as Christ served. They provide assistance for women and children fleeing abusive situations or young people who need just a little extra help to get on their feet.

The center has a food pantry that in just one year gave out 66,000 pounds of food and also offers a clothes closet, financial assistance program, and thrift store. Clients go through an interview process to determine their levels of need. Every six months clients are eligible for clothes, every three months clients are eligible for food, and once a year they are eligible for financial assistance.

Director Denise Moseley is proud of the growing organization. “This important station could not function without the vital support of volunteers,” Ms. Moseley says. “I only have five paid staff and every one of them has a job to do. Volunteers are the ones that take in donations, prepare them for the shelves and clothing racks, sort food, set up displays, price items, and manage the counter in the thrift store.”

Thank you to all the partners and volunteers of RSVP and MACOA!



The Tallapoosa Christian Crisis Center is one of many stations where RSVP volunteers serve.



L-R Volunteer Ella Mae Pemberton, Lisa Moncrief, and Tallapoosa County Christian Crisis Center Director Denise Moseley.

Renew Your Senior Activity Membership



The Archibald Senior Center provides a focal point in downtown Montgomery for senior citizens who are active and mobile to meet, relax and have fun in pleasant, comfortable surroundings.

Through travel opportunities, art, educational programs, monthly luncheons, day trips and recreational activities, participants enrich their lives, enjoy the companionship of friends and learn more about their world and community.

A computer center also offers opportunities for seniors to become familiar with the Internet and other aspects of social media. Seniors gather to share in organized recreation, education, and health promotion programs.

A second location is MACOA East at Grace Presbyterian Church at the corner of Bell Road and Atlanta Highway. This location is open Tuesdays and Thursdays, 9 am until 3 pm, where the seniors play cards, socialize and have lunch together!

Archibald Members receive a complimentary newsletter in the mail containing information about upcoming events, trips, activities, and much more!

Membership is open to individuals age 50 and over. Membership fees are \$36.00 per calendar year for singles and \$54.00 for couples.

Call (334) 263-0532 for more information about The Archibald Center and MACOA East.

SAVE THE DATE 18th Annual Swinging Fore Seniors Golf Classic

Friday, May 10, 2019

7:00 am-Registration • 8:00 am-Shotgun Start

Robert Trent Jones Capitol Hill Golf Trail • Legislator Course • Prattville, Alabama



Join us for a competitive and charitable day on the Green! Gather your colleagues, family, friends, and clients now and build your team to enjoy fellowship in support of MACOA and Meals On Wheels. All players will receive a souvenir bag, a hearty lunch, entry in the tournament, and a chance to win wonderful prizes. Individual and team prizes will be awarded. Sponsor Teams of four are \$800, Teams of four \$600, and an individual player is \$150. Event sponsorships are available. Contact Chacolby Burns-Johnson, Director of Development at cjohnson@maoca.org, (334) 263-0532, or visit www.maoa.org to learn more. Be on the lookout for more information coming soon!



Planned Giving and Major Gifts

Leave a legacy with property, insurance, vehicles, cash, equity, art, etc. Please include MACOA in your Estate Plans and tell us when you do. Call Development at 263-0532 to discuss and learn more.

View the Latest Memorials and Tributes

With memorial and tribute gifts to MACOA, you can remember or honor someone special to you while helping MACOA fight senior hunger and isolation. We are pleased to list these special gifts on our website. Visit www.maoa.org to view the latest additions from October 2018 - December 2018!

JOIN IN TRIPS WITH THE ARCHIBALD CENTER

MAKE YOUR RESERVATION BY CALLING THE ARCHIBALD CENTER (334) 263-0532

Memphis – Home of the Blues

April 8-10, 2019

\$439.00 per person Double Occupancy; \$539.00 per person Single Occupancy (standard taxes, baggage handling, meal gratuities, deluxe motor coach transportation)

The 3 day/2 night package includes 2 nights hotel accommodations, 2 breakfasts at the hotel, 2 evening receptions at the hotel, a famous Memphis BBQ dinner, free time on Beale Street (the Heart of Memphis Music and Entertainment), explore Elvis Presley's Graceland (tour includes an audio tour of the Graceland Mansion, Elvis' automobile museum and other exhibits), a guided tour of the city of Memphis (the tour will include downtown Memphis, Beale Street, the "Mighty" Mississippi, Cotton Row, the Memphis Pyramid, Sun Studio, the Lorraine Motel and more). This trip will also include a visit to the Peabody Hotel for the March of the Ducks!

Final payment is due February 21, 2019. No refunds after this date.



The Ark Encounter and Creation Museum

June 3-6, 2019

\$689 Single Occupancy; \$549 Double or Triple Occupancy (\$79 single occupancy travel protection; \$51 double or triple occupancy travel protection; must write a separate check)

The Ark Encounter features a full-size Noah's Ark, built according to the dimensions given in the Bible. Spanning 510 feet long, 85 feet wide, and 51 feet high, this modern engineering marvel amazes visitors young and old. The Ark Encounter is situated in beautiful Grant County in Williamstown, Kentucky. This 4 days/3 nights package includes 3 nights hotel accommodations, 3 breakfasts at your hotel, 2 wonderful dinners including 1 dinner at Emzara's Kitchen at the Ark Encounter, The Ark Encounter experience, admission to the Creation Museum, a guided tour of Lexington, KY, a visit to the Kentucky Horse Park and International Museum, a visit to the original KFC (Harland Sanders Cafe and Museum), standard taxes, baggage handling, meal gratuities, and transportation.

\$50 deposit per person is due February 21, 2019 to hold your reservation. No deposit refunds after this date. Final payment is due April 11, 2019. No refunds after this date.



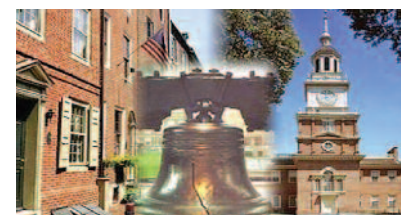
Lancaster, PA, Historic Philadelphia and Gettysburg, PA

September 29 - October 5, 2019

\$1300 per person single occupancy; \$1050 per person double or triple occupancy

Your 7 days/6 nights package includes 6 nights of hotel accommodations, 6 breakfasts at your hotel, 1 wonderful lunch and 3 dinners to include 2 Amish style dinner feasts, and 2 evening receptions at your hotel including hot food and beverages. We will watch the production of "Noah - Two by Two, The Voyage Began" at the fabulous Sight and Sound Theater, have a guided tour of Amish Farmlands in Lancaster County, a guided tour of Historic Philadelphia, a guided tour of the Gettysburg National Military Park, we will enjoy a visit to the Kitchen Kettle Village, take a 45 minute ride through the tranquil Amish countryside on the Strasburg Rail Road, and a visit to Hershey's Chocolate World. Standard taxes, meal gratuities, baggage handling and motor coach transportation is included.

A \$50 deposit per person is due June 27, 2019 to hold your reservation. No deposit refunds after this date. Final payment is due August 1, 2019. No refunds after this date.





MACOA

Montgomery Area Council On Aging

115 East Jefferson Street
Montgomery, Alabama 36104-3654

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25th Anniversary of Culinary Caper: A Festive Celebration

Sunday, March 3, 2019 marks a MACOA milestone as sponsors, guests, supporters, and friends will gather at the Alabama Activity Center at 11:30 am for this annual highly anticipated 25th Annual Culinary Caper! We are proud to have Cathy Caddell and Charlie Warnke and Caddell Construction serve as the Title Sponsors!

This charity benefit for MACOA and Meals On Wheels will be an extra special seated luncheon featuring gourmet dishes from the area's finest restaurants and chefs, a drawing, silent auction, entertainment, and more exciting surprises. We will also honor Frazer Memorial United Methodist Church with the Rick Heinzman Memorial Meals On Wheels award.

We are limited to 300 guests, so reserve your seat early. The event also includes a \$1,000 "Dine Out On Us" drawing at \$5.00 per ticket. You can purchase your table of eight for \$750 or individual tickets for \$75. Sponsorship opportunities are available from \$10,000 to \$1,200. Serving as a sponsor is a great way to showcase your support for seniors and be recognized as a valuable community partner!

Visit www.macoa.org/culinary-caper for the latest news and updates for #MACOACaper19! For more information contact Chacolby Burns-Johnson at cjohnson@macoa.org or 334-263-0532.

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**SUPPORTING SPONSOR:
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